

BREAKFAST

Sunday, 20 September

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Please order:

Granadilla Yoghurt
Fresh Fruit of the Day
All Bran Flakes
Traditional Phutu Porridge

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Tomato & Onion Omelette with a Crispy Onion Ring

Fried Egg
Scrambled Egg
Poached or Boiled Egg

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Grilled Bacon
Balsamic Fried Cherry Tomatoes
Corn Fritter
Poached Haddock with Parsley Sauce
White or Brown Toast
Marmalade / Strawberry Jam / Honey

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Rooibos, Ceylon Tea, Filter Coffee & Cavern Coffee

*Breakfast Quiz: What was Long John Silver's parrot's favourite saying?
The first guest to give reception the right answer, gets a free glass of wine.*

LUNCHEON

Saturday, 19 September

~ ~ ~ ~

Home Baked Cavern White Bread with Butter Balls

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Broccoli & Stilton Soup

Vetkoek filled with Mild Curried Mince topped with Fruit Chutney

Sweet Potato & Spinach Samosa with Tomato Chutney

Crispy Sesame Chicken Salad with Honey Soya Dipping Sauce

Green Garden Salad with Cherry Tomatoes & French Dressing

Side salad of the day served with any of the above mains:

Crunchy Cauliflower, Apple & Blue Cheese Salad

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Kids Option:

Hot Dog with Chips, Tomato Sauce & Carrot Sticks

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Bread & Butter Pudding with Apricot Glaze & Raisins

Vanilla Ice Cream with Hot Chocolate Sauce

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Rooibos, Ceylon Tea, Filter Coffee & Cavern Coffee

Breakfast Quiz Answer: Saladin



DINNER MENU

Saturday, 19 September

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Starters

Homebaked Cavern Bread with a Butter Ball

Turmeric & Cauliflower Soup with Sour Crème Swirl

Tempura Prawns on Spiral Vegetables with Onion Ring & Soya Dipping Sauce

Grilled Aubergine Rolls with Arabiata Sauce & Mozzarella au Gratin

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Mains

Mozzarella & Herb Chicken Fillet wrapped in Parma Ham with White Wine Sauce
served with Roasted Baby Potatoes and Vegetables of the Day

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Deconstructed Lamb Kebab with Harissa Tomato Chutney
served with a Pita Pocket & a Green Garden Salad

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Carrot & Baby Marrow Noodles topped with Neapolitan Sauce & Parmesan
served with a Side Salad

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Kids Option:

Lamb & Vegetable Casserole with Pasta Shells & Parmesan

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Desserts

Cheese & Biscuit Platter

Raspberry & Meringue Roulade with Mixed Berry Coulis

Vanilla Ice Cream with Hot Chocolate Sauce

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Rooibos, Ceylon Tea, Filter Coffee & Cavern Coffee

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Lunch-Pack tomorrow? Please order at the Entertainments Desk before 20h00.

