DERMALOGICA, a truly revolutionary skincare brand focusing on maintaining skin health. Customized at every step by your therapist. Each treatment is unique to each individual skin type and concern. DERMALOGICA products are available for purchase.

EXPRESS SKINCARE TREATMENT
This express treatment is ideal for those looking for rapid results with limited time. The treatment consists of a cleanse, exfoliation and a rejuvenating mask.
30 minutes - R300
Add Facial Massage 45 minutes - R330

THE CLASSIC TREATMENT
The various stages of this treatment will be personalized according to the changing needs of your skin, and will include a cleanse, steam, exfoliation, massage and a mask.
75 minutes - R570

AGE SMART
The most powerful Dermalogica treatment. Specially created for clients concerned with signs of ageing and sun damage. Includes a contour mask.
75 minutes - R650

ULTRA CALMING FACIAL
Sensitive skin treatment using an environmental control system for repairing and soothing irritated, sensitized or stressed skin.
60 minutes - R570

MEN’S SKIN TREATMENT
Men’s skin is designed differently to a woman’s. This treatment concentrates on shaving habits and helps prevent ingrown hairs and other skin problems unique to men.
60 minutes - R500

ADD: REVITALIZING EYE RESCUE
This treatment helps diminish fine lines, reduces puffiness and soothes irritated, tired eyes.
R200
Please mention at the time of booking.

EXFOLIATING BODY TREATMENT
Excellent on its own or the ideal pre-treatment scrub. It smooths away dull debris and prepares the body for further treatment.
45 minutes - R350

POWER RECOVERY PACK
An intense wrap which feeds the skin with nourishment it craves. Recommended for drier, prematurely ageing and the most sensitive of skins.
60 minutes - R500

LIFE SAVING BACK TREATMENT
A Spalicious self heating sugar scrub with antioxidant and detoxifying effect.
45 minutes - R400

CANCELLATION POLICY
We would be grateful if guests would make any changes or cancellations at least 24 hours prior to the scheduled treatment time. Treatments cancelled after this will incur a cancellation tariff of 100% if the appointment cannot be filled. If you wish to change or cancel an appointment please contact the Retreat directly. Please note that, as a courtesy to all our clients, a prompt appointment schedule is adhered to. Late appointments will be completed in the allocated time and the fee will remain unchanged.

TREATMENTS
Treatments are carefully planned to accommodate the needs of each guest. We ask that you always allow 15 minutes prior to your appointment in order to minimise unnecessary delays. Times quoted are inclusive of changing into and out of treatment garments. For pedicures, please bring open shoes.

CHILDREN
Children are welcome under parental supervision - please respect the peace and privacy of other guests.

GIFT VOUCHERS
Treatments make wonderful presents for family and friends. Gift vouchers can be purchased for any value at the reception.
WAXING
- Eyebrow: R65
- Underarms: R85
- Standard Bikini: from R100
- Half Leg: R150
- Full Leg: R200
- Chin & Lip: R120

TINTING
- Eyebrows: R60
- Eyelash: R80
- Brow & Lash: R120

Please note a patch test is required 24 hours prior to treatment.

MANICURES
- Mini Manicure: 30 minutes - R200
- Basic Manicure: 45 minutes - R300
- Paraffin Manicure: 60 minutes - R400
- Gelish Manicure: 60 minutes - R400
- Men's Hand Treatment: 45 minutes - R300

PEDICURE
- Mini Pedicure: 30 minutes - R200
- Basic Pedicure: 60 minutes - R350
- Paraffin Pedicure: 75 minutes - R420
- Gelish Pedicure: 75 minutes - R420
- Men's Sport Treatment: 45 minutes - R300
- Re-varnish: R100
- French Paint: R100
- Soak Off: 30 minutes - R100

Note: No application or removal of false nails

massage
- FOREST FOOT MASSAGE
  A Spalicious soak and a relaxing foot massage conditioning neglected feet.
  30 minutes - R200

  SPALICIOUS FOOT MASSAGE
  A Spalicious soak followed by an exfoliating foot scrub and deep relaxing foot massage with oil. The rich hydration replenishes and softens heels. 45 minutes - R300

  BACK, NECK & SHOULDER MASSAGE
  A wonderful way to relieve the tension and stress in the back, neck and shoulder area.
  30 minutes - R320 | 45 minutes - R400

  FOREST FULL BODY MASSAGE
  The Forest treatment combines classic full body techniques to transform your body into a state of total renewal and relaxation. It reduces tension, soothes sore muscles, increases circulation and induces relaxation.
  60 minutes - R500 | 75 minutes - R550

  FOREST DEEP TISSUE MASSAGE
  A deep massage to alleviate stress and eases aching muscles.
  45 minute back - R500 | 60 minute full body - R600

  FOREST HOT STONE MASSAGE
  With the use of hot stones, clients are aided in balancing levels of emotional, mental, physical and spiritual energies.
  45 minutes Back - R500
  60 minutes Full Body - R600
  90 minutes Full Body - R750

packages
- FOREST RELAXATION
  - Forest Foot Massage
  - 30 Minute Back Massage
  - Express Skincare | 90 minutes - R720

  STRESS AWAY
  - Exfoliating Body Treatment • Full Body Massage
  - Classic Facial | 175 minutes - R1200

  FOREST GODDESS
  • Exfoliating Body Treatment • Classic Facial
  • 60 Minute Full Body Massage • Basic Manicure
  • Basic Pedicure
  5h00 - R1800 | Includes tea, muffin and lunch

  FOREST KING
  • Exfoliating Body Treatment • Men's Skin Treatment
  • 60 Minutes Full Body Massage
  • Men's Hand Treatment • Men's Sport Treatment
  4h30 - R1650 | Includes tea, muffin and lunch

  SPALICIOUS MUM'S-TO-BE
  • Foot soak • Body massage • Nourishing foot mask
  75 minutes - R600