

# The Cavern

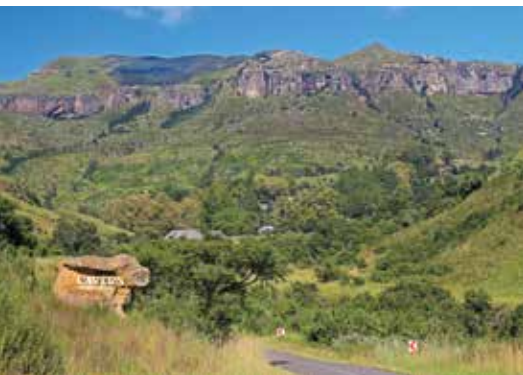
DRAKENSBERG RESORT & SPA

SINCE 1941



## ACTIVITIES CALENDAR 2018

You are never too old to set a new goal or to dream a new dream. – C.S. Lewis



## BIRDING & NATURE WEEKENDS

R2600pp sharing for 2 nights | 26 - 28 January | 16 - 18 March | 11 - 13 May  
8 - 10 June | 14 - 16 September | 12 - 14 October

Join David and Sally Johnson for a weekend of birds and birding, gentle walks and informative talks. Local endemic specials include Bush Blackcap, Drakensberg Prinia, Fairy Flycatcher and Forest Canary – a weekend for birders, beginners and twitchers alike.

## YOGA RETREATS

R3315pp sharing for 3 nights | 2 - 5 February | 1 - 4 June | 7 - 10 September

Meet us for a Yoga Retreat in the Berg with two yoga sessions daily and a complimentary 30 minute Spa Treatment. Helen Garner, a qualified Ashtanga yoga instructor, who has taught yoga worldwide for many years, challenges students to discover more about themselves. Helen is dedicated to helping people find wellness and balance through the practice of yoga.

## PHOTOGRAPHIC WORKSHOPS

R2600pp sharing for 2 nights | 16 - 18 February | 4 - 6 May | 16 - 18 November

A weekend photographic workshop in the beautiful setting of The Cavern. Ranging from basic to advanced, the workshop will encompass: understanding “your” equipment; composition and adding impact to your pictures; multi-exposure and other tricks; the secrets of using light and much more.

## NATURE JOURNALING

R5400 pp sharing for 4 nights | 7 - 11 March

“Creating a natural history sketchbook.” Experience the wildlife, wildflowers and scenery of the Drakensberg at The Cavern by sketching and painting in the field and in the studio with Gillian Condy and Elsa Pooley.





## ROYAL DRAKENSBERG MTB

#Riding4Education

R2600pp sharing for 2 nights | 6 - 8 April

A weekend of family fun with the best MTB trails in the Berg - all proceeds to Royal Drakensberg School. Register on-line [www.royaldrakmtb.co.za](http://www.royaldrakmtb.co.za).



## BIG 5 HIKE

#Walking4Education

Raise R6500 per hiker and stay free for the weekend | 18 - 20 May

Challenge yourself and hike the Cavern's Big Five - Hlolela, Battleship, Sugar Loaf, Cold Hill, Camels Hump. All proceeds go to the Royal Drakensberg Education Trust.

## PAINTING WORKSHOPS

R5400pp sharing for 5 nights | 20 - 25 May | 2 - 7 September

Join us for an enjoyable creative holiday workshop in our beautiful mountain setting. Art enthusiast and teacher, Colleen Hamer, will facilitate sketching and painting 'in plein air' or in a spacious studio setting, using the inspiring reference material that abounds in the area.



## RIDE THE BERG

R2600pp sharing for 2 nights | 29 June - 1 July

Ridetheberg @ All Out Adventures offers two days of awesome cycling on the exclusive Drakensberg Trails network. 100kms of spectacular Single Track. Event entry not included.

Enter online at: [www.ridetheberg.co.za](http://www.ridetheberg.co.za)



## STARGAZING

R2600pp sharing for 2 nights | 13 - 15 July

An informative tour of the night sky with Tim Cooper.



## WINTER WONDERLAND

R3315pp sharing for 3 nights | 20 - 23 July

A celebration of Winter in the mountains. Lights, fires, wine & a chance of snow!



## RUN THE BERG

R2600pp sharing for 2 nights | 5 - 7 October

South Africa's top 2-day, 2-stage trail running weekend. The format for the weekend will include two races – a  $\pm 15$ km Intermediate and a  $\pm 25$ km Extreme event per day. Base yourself at The Cavern for this great event. Event entry not included. Enter online at: [www.runtheberg.co.za](http://www.runtheberg.co.za)

## BOTANICAL ART

R9350pp sharing for 6 nights | 22 - 28 October

Gillian Condy and Elsa Pooley combine talents as botanical artists and author of field guides to provide a memorable botanical art course in the mountains. Plant material is sourced from the gardens and nearby mountains and you can enjoy guided walks with Elsa.

Whether a beginner or an established botanical artist, attending this course will inform and inspire you.

## WILDFLOWER WEEKEND

R2600pp sharing for 2 nights | 23 - 25 November

Your specialist guide for the weekend, Elsa Pooley, is author of "Mountain Flowers. A field guide to the flora of the Drakensberg and Lesotho." A great introduction to flower and tree 'watching' with an opportunity to get to know our mountain plants.

*NOTE: Rates include accommodation, meals, teas and activities.  
MTB Races & Trail Run entry are extra.*

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