



The Cavern

DRAKENSBERG RESORT & SPA

SINCE 1941



ACTIVITIES CALENDAR 2019

It does not matter how slowly you go as long as you don't stop. *Confucius*



BIRDING & NATURE WEEKENDS

R2800pp sharing for 2 nights | 25 - 27 January | 15 - 17 March |
7 - 9 June | 30 August - 1 September | 18 - 20 October

Join David and Sally Johnson for a weekend of birds and birding, gentle walks and informative talks. Local endemic specials include Bush Blackcap, Drakensberg Prinia, Fairy Flycatcher and Forest Canary – a weekend for birders, beginners and twitchers alike.



PHOTOGRAPHIC WORKSHOPS

R2800pp sharing for 2 nights | 1 - 3 February | 8 - 10 November

A weekend photographic workshop in the beautiful setting of The Cavern. Ranging from basic to advanced, the workshop will encompass: understanding “your” equipment; composition and adding impact to your pictures; multi-exposure and other tricks; the secrets of using light and much more.

YOGA RETREATS

R3570pp sharing for 3 nights | 8 - 11 February | 31 May - 3 June | 13 - 16 September

Meet us for a Yoga Retreat in the Berg with two yoga sessions daily and a complimentary 30 minute Spa Treatment. Helen Garner, a qualified Ashtanga yoga instructor, who has taught yoga worldwide for many years, challenges students to discover more about themselves. Helen is dedicated to helping people find wellness and balance through the practice of yoga.



NATURE JOURNALING

R5800 pp sharing for 4 nights | 6 - 10 March

“Creating a natural history sketchbook.” Experience the wildlife, wildflowers and scenery of the Drakensberg at The Cavern by sketching and painting in the field and in the studio with Gillian Condy and Elsa Pooley.



ROYAL DRAKENSBURG MTB & TRAIL RUN

#Riding4Education

R2800pp sharing for 2 nights | 29 - 31 March

A weekend of family fun with the best MTB trails in the Berg - all proceeds to Royal Drakensberg School. Register on-line www.royaldrakmtb.co.za.



RIDETHEBERG

R2800pp sharing for 2 nights | 10 - 12 May

Ridetheberg @ All Out Adventures offers two days of awesome cycling on the exclusive Drakensberg Trails network. 100kms of spectacular Single Track. Event entry not included. Enter online at: www.ridetheberg.co.za

PAINTING WORKSHOP

R5600pp sharing for 5 nights | 19 - 24 May

Join us for an enjoyable creative holiday workshop in our beautiful mountain setting. Art enthusiast and teacher, Colleen Hamer, will facilitate sketching and painting 'in plein air' or in a spacious studio setting, using the inspiring reference material that abounds in the area.



BIG 5 HIKE

#Walking4Education

Raise R7000 and have the weekend on us! | 24 - 26 May

Challenge yourself and hike the Cavern's Big Five - Hlolela, Battleship, Sugar Loaf, Cold Hill, Camels Hump. All proceeds go to the Royal Drakensberg Education Trust.

WINTER WONDERLAND

R3570pp sharing for 3 nights | 26 - 29 July

A celebration of Winter in the mountains. Lights, fires, wine & a chance of snow!





STARGAZING

R2800pp sharing for 2 nights | 2 - 4 August

An informative tour of the night sky with Tim Cooper.



RUNTHEBERG

R2800pp sharing for 2 nights | 27 - 29 September

South Africa's top 2-day, 2-stage trail running weekend. The format for the weekend will include two races – a ± 15 km Intermediate and a ± 25 km Extreme event per day. Base yourself at The Cavern for this great event. Event entry not included. Enter online at: www.runtheberg.co.za



BOTANICAL ART

R10100pp sharing for 6 nights | 7 - 13 October

Gillian Condy and Elsa Pooley combine talents as botanical artists and author of field guides to provide a memorable botanical art course in the mountains. Plant material is sourced from the gardens and nearby mountains and you can enjoy guided walks with Elsa. Whether a beginner or an established botanical artist, attending this course will inform and inspire you.

WILDFLOWER WEEKEND

R2800pp sharing for 2 nights | 22 - 24 November

Your specialist guide for the weekend, Elsa Pooley, is author of "Mountain Flowers. A field guide to the flora of the Drakensberg and Lesotho." A great introduction to flower and tree 'watching' with an opportunity to get to know our mountain plants.



*NOTE: Rates include accommodation, meals, teas and activities.
MTB Races & Trail Run entry are extra.*

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